

Table 1

			5k	5k watts	Squat	Bench pull	2k	2k watts	1 min watts	sargeant	Ex's	Weight	Height	Run	Hang UPS
1992	Michael	Nicholas	17.05.3	339	106	80	6.28.4	380	542		2	86	193		
1995	Patrick	Een Sture	16.33.8		135	88	6.17.2		585		2	73.5	182		
	Petter	Svingen	17.35.5	317	110	90	6.26.2	389	596		3	71	180		
	Anna	Een Sture	19.11.5	226	72.5	62.5	7.19.2	265	364		3	63.5	173		
	Sara	Hegge	19.38.5	206	68.5	58.5	7.34.1	236	307		2	57.5	161		
1997	Sara	Juel	19.11.4	229	75	63	7.14.1	274	413	39	2	70	174		
	Bente	Vagle	21.48.3	156		43.5	8.15.3	184	292	42	3	54	168		
1998	Edvart	Svingen	19.24.9	221		69	7.07.9	278	429	56	2	62	180		
	David	Anderson	INJURY			62.5	INJURY		462	39	2	70	191		
	Jakob	Aanderaa	19.23.6	222		63.5	7.15.5	271	429	42	2	72	184		
	Oscar	Hoff	18.04.8	274		90	6.47.7		552	62	2	81	193		
	Emilie	Stabe Helvig	21.29.8			42.5	7.57.9		310	51	3	66	180		
	Elisabeth	Wiik				48	8.02.5		265	38	3	53	163		
1999	Jonas	Juel	17.36.3	292		68	6.43.5	334	483	40	2	70	184		
	Andreas	Clifford	20.09.0	198		68	6.57.1		400	61	2	67	181		
	Pierre	Bret	18.55.4	220		88.5	7.13.2	261	504	67	2	62	178		
2000	Rebekka	Aanderaa					9.08.4	136	260	48	2	51	172	14.54	0
	Hedda	Dagestad-Larsen					Injured		Injured	30	2	65.5	163		1
	Sam	Lørgen					7.33.3	245	429	49	3	88	186	ILL	0
	Hanna	Petersen					8.48.5	152	228	33	3	55	167	14.34	1
	Edvard	Sander Bae-Mysen					7.44.4	224	376	53	2	57.5	174	13.24	4
	Kristian	Søhr					7.15.9	270	444	50	1	72.5	184	11.08	7